

KINESIOLOGY MINOR

The Kinesiology minor is designed for:

1. An individual interested in motor skill development and physical activity in a variety of related careers including sports administration, sales, recreation, social services, and journalism.
2. The prospective teacher who, with another subject major, may wish employment with K-12 or 6-12 physical education as part of the teaching load. Specific coursework required for endorsement. To qualify for an Idaho 6-12 Physical Education Endorsement, KIN-381, ED-447 -Content Methods: PE, and an approved teacher education program must be added to this minor; for a K-12 Endorsement, KIN-216/ED-216 must also be added. Students must also pass the Praxis II exam #5091-Physical Ed:Content Knowledge and must complete a supervised internship in a school setting. Students should contact the Teacher Education Division for more information.

Program Requirements

Code	Title	Credits
HLTH-272	FITNESS AND WELLNESS	3.00
KIN-220	SOCIAL-CULTURAL ASPECTS OF SPORTS	3.00
KIN-248	SPORTS MEDICINE	3.00
KIN-260	INTRODUCTION TO KINESIOLOGY AND HEALTH	1.00
KIN-261	SKILL AND ANALYSIS: COURT SPORTS	1.00
KIN-262	SKILL AND ANALYSIS: FIELD SPORTS	1.00
KIN-269	SKILL AND ANALYSIS: EDUCATIONAL GYM&MOV	1.00
KIN-355	STRATEGIES FOR TEACHING PHYSICAL ACTIVITIES	3.00
KIN-363	PHYSIOLOGY OF EXERCISE	3.00
KIN-370	MOTOR LEARNING/MOTOR DEVELOPMENT	3.00
KIN-467	PHYSICAL ACTIVITY AND RECREATION FOR INDIVIDUALS WITH SPECIAL NEEDS	3.00
KIN-486	ORGANIZATION AND ADMINISTRATION OF HEALTH, PHYSICAL EDUCATION, RECREATION, ATHLETICS	3.00
Total Credits		28.00