PSYCHOLOGY (PSYC)

Courses

PSYC-101 INTRODUCTION TO GENERAL PSYCHOLOGY 3 Credits
This general survey of psychology typically explores research methodology, bio-psychology, human development, memory, consciousness, motivation, emotions, personality, mental disorders, therapy, health psychology, social psychology, etc.

PSYC-190 DIRECTED STUDY IN PSYCHOLOGY 1-9 Credits

PSYC-194 INTERNSHIP IN PSYCHOLOGY 6 Credits
Emphasizes the development of basic helping skills through a supervised non-chemical dependency internship. Pre-requisites: Criminal history background check, permission of the instructor, and PSYC-442. Graded P/F only.

PSYC-199 RESEARCH ASSISTANTSHIP 1-12 Credits

PSYC-205 LIFESPAN DEVELOPMENTAL PSYCHOLOGY 3 Credits
This course helps students gain an understanding of physical, intellectual, emotional, social and moral development throughout the lifespan from a multicultural perspective. Basic theories of development will be addressed to assist the student to learn about factors affecting human development. Writing involving the application of at least 2 theories is required.

PSYC-226 BIOLOGICAL BASES OF BEHAVIOR 3 Credits
Introduces students to a field of neuroscience that is variously referred to as physiological psychology, biopsychology, behavioral biology, or behavioral neuroscience. The focus is on gaining and demonstrating an understanding of relationships between central nervous system processes and human behavior. Students will be introduced to APA writing style and use it in a research paper, because future courses in the major expect it to be used. Pre-requisite: PSYC-101; and ENGL-102 or ENGL-109.

PSYC-250 GROUP DYNAMICS 3 Credits
Provides the theory and practice necessary to develop effective group skills. An experiential approach to learning about group behavior will be used. The student will practice skills in the following behaviors: leadership, decision making, goal setting, interpersonal communication, problem solving, dealing with conflict and controversy, and effective use of power and influence. Pre-requisite: PSYC-101.

PSYC-281 INDUSTRIAL & ORGANIZATIONAL PSYCHOLOGY 3 Credits
This course provides an introduction and general knowledge of the subfield of psychology known as Industrial/Organization (I/O) psychology. It will cover labor law, the behavior of employees in the workplace and methods that may be used to improve morale, productivity, communication, and decision making. Students will be exposed to both applied and research aspects of this subfield and develop expectations of what it is like to work in human resources as well as what it is like to be an I/O researcher.

PSYC-290 DIRECTED STUDY IN PSYCHOLOGY 1-6 Credits

PSYC-291 WORKSHOP IN PSYCHOLOGY 1-6 Credits

PSYC-292 SPECIAL TOPICS IN PSYCHOLOGY 1-3 Credits

PSYC-295 PRACTICUM IN PSYCHOLOGY 1-12 Credits
Emphasizes the development of the basic helping skills and/or psychological research skills through a supervised field experience. Learning plans and goals will be defined to target students desiring a specific field experience in various settings utilizing addictions professionals and programs. Pre-requisites: Permission of the instructor and PSYC 442.

PSYC-299 RESEARCH ASSISTANTSHIP 1-12 Credits
Requires students to assist faculty in the conduct of research projects and other creative professional activities within the field of psychology. Students are expected to meet on a regular basis with the faculty member and to perform activities needed to bring the research or creative activity to a successful completion. Pre-requisite: PSYC-101.

PSYC-300 STATISTICAL METHODS 3 Credits
Survey of descriptive and inferential statistical concepts commonly used in the treatment of data in social science research. The understanding and application of the concepts will be emphasized. Topics include: measures of central tendency, measures of variability, correlation methods, hypothesis testing and simple analysis of variance. Pre-requisite: Core Math. Cross-listed with ECON-300, SS-300.

PSYC-310 PERSONALITY THEORIES 3 Credits
Survey of the major theories of personality and personality development. Psychoanalytic, phenomenological, trait, behavioral and social learning views of personality will be presented along with the relevant research that evaluates the assumptions and implications of each approach. Special issues involving multiculturalism, points of controversy, and personality processes that are the focus of extended debate and research by personality psychologists will also be studied. Pre-requisite: PSYC-101 or PSYC-205 or permission of instructor.

PSYC-311 ABNORMAL PSYCHOLOGY 3 Credits
Study of the conceptualization and treatment of psychological difficulties including: anxiety disorders, mood disorders, schizophrenia, and personality disorders. Issues related to multiculturalism and gender, and issues of controversy are also explored. Recommended pre-requisite: PSYC-101 or PSYC-205 or permission of instructor.

PSYC-318 ASSESSMENT OF LEARNING 3 Credits
An introduction to the theory of assessment. Presents the foundational concepts, principles, and procedures needed to systematically acquire, organize, and apply information about learners and learning. This course is a component in the elementary teacher education program's technology strand and is designated as technology-intensive. Pre-requisite: Elementary Education Majors must be admitted to the teacher education program.

PSYC-320 SOCIAL PSYCHOLOGY 3 Credits
An exploration of the scientific study of the way in which people's thought, feelings, and behavior are influenced by the real, implied, or imagined presence of other people. Acquaints students with the main theoretical and methodological approaches, along with the resulting empirical findings, that have shaped the field of social psychology. Social psychologists examine how people are influenced by, or influence, others by investigating topics such as social cognition, the self, social perception, social influence, aggression, attitudes, attraction, group behavior, stereotypes, discrimination, prejudice, and prosocial behavior. Encourages the application of social psychological theory, processes, and concepts to everyday social situations, firsthand experiences, and relevant media via writing assignments. PSYC-101 or PSYC-205, or permission from the instructor.

PSYC-321 EDUCATIONAL PSYCHOLOGY 3 Credits
Psychology directly applicable to teaching and learning: Basics of our thinking physiology; basics of interpreting relevant research; development theories and their relation to learning; motivation theories and means to motivate students; behaviorism as applied and misapplied to classroom management and instruction; differentiating based upon receptive/perceptive modes, intelligences, and learning styles; memory and cognition paths; and the personally and socially constructed nature of knowing.

PSYC-343 INTRODUCTION TO ADDICTION STUDIES 3 Credits
This intensive introductory course provides a comprehensive overview of the field of addiction counseling. It focuses on current therapeutic trends, strategies, and counseling approaches used in the treatment of addiction, as well as ethical considerations. Relapse and prevention strategies, along with treatment of special populations, will also be covered. Pre-requisites: PSYC-101, or the permission of the instructor. Crosslisted with ADS-343.

PSYC-365 PSYCHOLOGY AND LAW 3 Credits
The course will provide students with a view of the scientific and applied issues in the field of psychology and law. The interface between psychological principles and our legal system will be explored. Topics include lie detection, eyewitness identification and accuracy, competency to stand trial, the insanity defense, jury decision making, critical evaluation of the science, its external validity and generalizability; and ethical and moral constraints. Students will write a critical case analysis paper in APA format that involves researching and analyzing a case of an actual wrongful conviction. JS 103 Introduction to Criminal Justice is recommended as a pre-/co-requisite. Pre-requisites: PSYC 101, and ENGL-102 or ENGL-109, or permission of the instructor.

PSYC-368 SEX, EVOLUTION AND HUMAN NATURE 3 Credits
Human sexuality, male-female relations, cooperation, violence and parent-child relations examined cross-culturally and in nonhuman primates utilizing evolutionary and biocultural perspectives. Pre-requisites: ENGL-102 or ENGL-109, or permission from the instructor. Cross-listed with ANTH-368.

PSYC-385 RESEARCH METHODS 3 Credits
Develops students' ability to design an empirical study within the ethical constraints of human research and to understand the results of research in professional journals. Specific research designs covered include archival research, experimental designs, naturalistic observation, participant observation, quasi-experimental designs, single subject designs, and survey research. Integrates (1) analytical and evaluative thinking, (2) descriptive, explanatory, and critical writing, and (3) basic knowledge of the theory and application of qualitative and quantitative research design. Pre-requisite: ENGL-102 or ENGL-109, and a total of 24 credit hours in the General Education Core, or instructor permission. Cross-listed with SS-385.

PSYC-387 SCIENTIFIC READING & WRITING LAB 2 Credits
In this writing intensive course, students will be introduced to the fundamental process of scientific reading and writing in the field of psychology, with an emphasis placed on the 1) interpretation and comprehension of scholarly and empirical research articles, 2) critique of research design & methods, and 3) production of scientific writing. Students will learn strategies for conducting a thorough literature search, synthesizing research findings, using APA and other relevant scientific styles, and implementing best practices in scientific writing structure, expression, and format. Pre-requisite PSYC-101 and ENGL-102. Co-requisite/Pre-requisite: SS/PSYC-385.

PSYC-390 DIRECTED STUDY IN PSYCHOLOGY 1-6 Credits

PSYC-391 WORKSHOP IN PSYCHOLOGY 1-6 Credits

PSYC-392 SPECIAL TOPICS IN PSYCHOLOGY 1-3 Credits

PSYC-394 INTERNSHIP IN PSYCHOLOGY 12 Credits
Emphasizes the development of basic helping skills through a supervised non-chemical dependency internship. Pre-requisites: Criminal history background check, permission of the instructor, and PSYC-442. Graded P/F only.

PSYC-395 PRACTICUM IN PSYCHOLOGY 1-12 Credits

PSYC-399 RESEARCH ASSISTANTSHIP 1-12 Credits
Requires students to assist faculty in the conduct of research projects and other creative professional activities within the field of psychology. Students are expected to meet on a regular basis with the faculty member and to perform activities needed to bring the research or creative activity to a successful completion.

PSYC-407 PROFESSIONAL DEVELOPMENT IN PSYCHOLOGY 1 Credit
This course will review career and graduate school options for psychology majors, with an emphasis on readiness for a profession in the field of psychology via the development of a resume, curriculum vitae, personal statement, cover letters, and other relevant documents. Students will be encouraged to develop of a variety of professional skills including effective email communication, successful interviewing, time-management, and professional etiquette. Pre-requisite: PSYC-101, ENGL-102, and Junior-Level Standing.

PSYC-410 SPORTS PSYCHOLOGY 3 Credits
Application of the principles and methodologies of psychology to athletics. Topics include individual philosophies of sport, motivation, personality of coaches and athletes, recreational sports for children, psychological testing, training and learning principles, mind/body relationships, and the effects of anxiety, arousal, and relaxation on performance and current research in the field. Pre-requisite: PSYC-101 or PSYC-205 or permission of instructor and Sophomore Standing. Cross-listed with KIN-410.

PSYC-414 THE PSYCHOLOGY OF NATURAL, ARTISTIC, AND MORAL BEAUTY 3 Credits
The purpose of the course is to help students understand the influence of Natural Beauty, Artistic Beauty (painting, music, and literally anything designed by a human), and Moral Beauty on human flourishing. The course is designed as a service-learning course, in collaboration with the Area Agency on Aging, which will assign students to learn about moral beauty from elders in our community. Pre-requisites: Completion of PSYC-101 or PSYC-205 and ENGL-102 with C or better, or permission of instructor.

PSYC-415 POSITIVE PSYCHOLOGY 3 Credits
Positive psychology is the scientific study of what goes right in life, from birth to death and at all the stops in between. It takes seriously as a subject matter those things that make life most worth living. The three pillars of positive psychology include a) positive subjective experiences (pleasures, happiness, joy, etc.), b) positive individual traits (character strengths and virtues), and c) positive institutions. The course will concentrate on learning to apply positive psychology methods in a service learning approach. The methods are appropriate for both clinical and non-clinical populations. Prerequisites: A 'C' or better in PSYC-101 or PSYC-205 and ENGL-102.

PSYC-419 PSYCHOLOGY OF SUSTAINABILITY 3 Credits
An introduction to ecological psychology with an emphasis on the psychology of sustainability. Course focus is upon how psychological worldviews and human behavior are major causes of our environmental problems; and how changing those worldviews and behaviors can help lead to individual and collective flourishing. The course is designed as a variation on a service learning approach in which individual students will design personal self-change projects, based on the science of sustainability psychology, that cause them to become better stewards of our natural resources. The importance of the beauty of the natural world will be suffused throughout the course. Pre-requisite: PSYC 101 or PSYC 205 and ENGL 102 or ENG 109.

PSYC-440 COUNSELING THEORIES AND TECHNIQUES 4 Credits
Study and application of the theories and techniques of counseling as well as issues related to multiculturalism, gender, and diversity. Fee required. Recommended pre-requisites: PSYC 101 and PSYC 311.

PSYC-441 PHIL & HIST ROOTS OF PSYCH SCIENCE 3 Credits
A historical survey of the philosophical and scientific approaches relevant to the modern field of psychological science. The intellectual development of psychology is explored through an examination of the innovative ideas, theoretical systems, and methodological advances of influential thinkers, along with the social, economic, and historical context in which those ideas, schools of thought, and methodologies formed. The philosophical questions woven through both historical and contemporary issues in psychological science (e.g. What is the nature of the mind? Does free will exist?) will be highlighted to increase understanding of the modern, seemingly disjointed, identity of the field. Pre-requisite: PSYC-101, ENGL-102 or ENGL-109 or permission of the instructor.

PSYC-442 ETHICAL PRINCIPLES IN COUNSELING 3 Credits
Topics covered include federal and state laws, client welfare as a primary concern, professional competence-supervision/development, financial issues, personal wellness, and relationships to professionals and institutions. Development of students' ability to conceptualize ethical issues, utilize an appropriate model for resolution, and appreciate personal values and modes of ethical problem-solving are also considered. Fee required. Pre-requisite: PSYC-101 or PSYC-205 or permission of instructor. Cross-listed with ADS-442.

PSYC-443 CASE MANAGEMENT AND CHEMICAL DEPENDENCY 3 Credits
The course focuses on practical application and administration of Case Management Services in health and human service delivery systems in Idaho. Case management studies emphasize clinical focus on case management services that apply to Rural and Frontier settings in Idaho. Students work with case management models where case management and records monitoring occur, from hospital, in-patient care to out patient settings in rural communities. Students are exposed to various treatment populations such as High Risk populations including AIDS/HIV populations, elderly, Native American, as well as gender specific issues. Students will be exposed to other disciplines such as Mental Health, Voc-Rehab. as well as Developmental Disability populations. Pre-requisites: PSYC-101 or permission of instructor. Cross-listed with ADS-443.

PSYC-444 CHEMICAL DEPENDENCY AND PHARMACOLOGY 3 Credits
Introduction to basic concepts of drug absorption, distribution and effect. It is intended to provide substance abuse counselors with a broad background in the understanding of drug effects and operations. Additionally, to allow the student to have a base of knowledge of pharmacology upon which instruction and education of clients can be facilitated. Fulfills the requirement for certification for both Idaho and Washington State Certification Boards. Includes concepts of basic neuroanatomy, concepts of drug absorption and drug elimination, anatomy of drug effects, and consequences of long term drug use. A comprehensive survey of entities and agencies that govern Controlled Substances and ODT issues. A global perspective on the physiology and pharmacology of different classes of drugs both those illegal and legal, abused and those used for treatment in institutions. Pre-requisites: PSYC-101 and PSYC-205, or permission of instructor. Cross-listed with ADS-444.

PSYC-445 COUNSELING THE TEENAGER 3 Credits
Reviews personality theories, counseling strategies, communication skills, values clarification and perception in relationship to adolescent developmental tasks and coping skills. Examines social problem areas often associated with teenage populations and the implications that those situations present for the counselor. Pre-requisite: PSYC-101 or PSYC-205 or permission of instructor.

PSYC-446 CHEMICAL DEPENDENCY AND FAMILY SYSTEM 3 Credits
Includes behavioral patterns in dysfunctional family systems, intervention techniques and best practice model programs in dealing with family issues surrounding addiction problems. This course will expose the student to a plethora of various approaches to family systems and cultures that are diverse in nature. Students will create and experience sculpting, remodeling and replicating family roles and dysfunctional systems within a learning lab model. Students will study and become intimately acquainted with the roles of family dysfunction and dependency issues. Additionally, the student will review historical perspectives that help shape and steer the current modes of treatment for this underserved population within the addictions field. Pre-requisites: PSYC-101 and PSYC-205, or permission of instructor. Cross-listed with ADS-446.

PSYC-448 CHEMICAL DEPENDENCY AND THE GROUP APPROACH 3 Credits
Identifies specific needs and treatment issues of the chemically dependent client. It is designed to provide both a cognitive and an experiential base from which the student can develop competency in treating this special population. Fulfills the requirements for certification as a chemical dependency counselor. Competency based education models for learning and integration of skills and techniques will be utilized. Pre-requisite: PSYC-101 or PSYC-205 or permission of instructor. Cross-listed with ADS-448.

PSYC-449 ASSESMENT/SCREENING AND CHEMICAL DEPENDENCY COUNSELING 3 Credits
Reviews techniques for intake screening and assessment of chemical dependency clients. Appropriate for use in multiple settings. Field experience is included. Pre-requisites: PSYC-101 or PSYC-205 or permission of instructor. Cross-listed with ADS-449.

PSYC-450 COGNITIVE PSYCHOLOGY 3 Credits
Human thinking and problem-solving will be covered in depth. In particular, students will learn about memory, abstraction and concreteness in thought, symbolic concepts and mental structures, mental operations, search strategies and problem solving. Pre-requisite: PSYC-101 or PSYC-205 or permission of instructor.

PSYC-455 PSYCHOLOGY OF MOTIVATION 3 Credits
A study of various theoretical perspectives which psychologists have used to explain and predict the relationships between state/trait motivation and human behavior. Special emphasis is given to the development of strategies to positively affect motivation and models for self-motivation in applied settings. Pre-requisite: PSYC-101 or PSYC-205 or permission of instructor.

PSYC-456 DRUGS IN SOCIETY 2 Credits
An overview of current drugs of choice and their impact on all age groups. Covers drug education relevant to today's society. Explores the history, use, physiology, behavior, dependency, treatment and prevention aspects of drugs. Students and guest speakers will share their knowledge on specific issues through presentations and discussions. Utilizes many instructional methods in the pursuit of a general understanding of the effects of drugs upon society. Pre-requisite: PSYC-101 or PSYC-205 or permission of instructor.

PSYC-457 DRUGS AND THE ATHLETE 1 Credit
Covers the social-psychological aspects of the use of alcohol and other drugs by athletes. Explores the trends of commonly abused drugs, the physiological effects of use, media influences and social norms towards use, and proactive programming for the educator/coach. Many instructional approaches will be utilized in the pursuit of an understanding of the phenomenon of athletes as drug-abusers.

PSYC-460 INTIMATE RELATIONSHIPS 3 Credits
An examination of historical and contemporary theories, findings, and perspectives of the social psychology of relationship science. Using an evolutionary framework for interpreting intimate relationships, the course will use traditional lecture format in addition to seminar-styled sessions (via empirical articles) to explore topics such as research methods, attraction, the self, social cognition, communication, interdependency, friendships, love, sexuality, conflict, communication, singlism, polyamory, stress, power, aggression, sex, LGBT relationships, rejection, loneliness, relationship stressors, and pro-relationship processes. Social psychological theory, processes, and concepts in regard to intimate relationships will be considered and synthesized via round-table discussion, and will be applied via the analysis of popular media (e.g. film). Pre-requisite: PSYC-101 or PSYC-205 or permission from the instructor.

PSYC-464 POLITICAL PSYCHOLOGY 3 Credits
In this course students will examine patterns of political behavior, including group behavior, information processing, the formation of political attitudes, emotions, personality, partisanship, voting, race, and tolerance. Pre-requisite: POLS-101 or PSYC-101, or permission of instructor. Crosslisted with POLS-464.

PSYC-470 CRISIS INTERVENTION 3 Credits
Introduction and comprehensive overview of crisis intervention. Basic principles and theory of crisis intervention will be presented. Gives a foundation toward developing the skills to effectively deal with others in a crisis situation. Included are special populations/topics such as war veterans, rape, adult survivors, national disasters and other topics. Pre-requisites: PSYC-101 or PSYC-205, or permission of instructor. Cross-listed with ADS-470.

PSYC-476 BLOOD BORNE PATHOGENS 2 Credits
This course is designed to inform students about blood borne pathogens and infectious diseases within the addictions framework. The goal is for all students to understand the methods of transmission, prevention, and the substance abusing population's needs in regards to blood borne pathogens. Prerequisite: PSYC-101 or PSYC-205 or permission of instructor. Crosslisted with ADS-476.

PSYC-485 ADVANCED RESEARCH SEMINAR 3 Credits
Provides experience in carrying out research projects in the social sciences, nursing and other disciplines. The emphasis will be on the active participation in seminar discussions to develop an understanding of the design and completion of all phases of selected research projects. Each student will design a study, obtain ethical approval, collect and analyze data and write a research report summarizing the results of their study. In addition, each student will assist other seminar members in selected aspects of their studies. Pre-requisite: PSYC-385 or permission of instructor.

PSYC-490 DIRECTED STUDY IN PSYCHOLOGY 1-6 Credits

PSYC-491 WORKSHOP IN PSYCHOLOGY 1-6 Credits

PSYC-492 SPECIAL TOPICS IN PSYCHOLOGY 1-3 Credits

PSYC-494 INTERNSHIP IN PSYCHOLOGY 1-6 Credits
Emphasizes the development of basic helping skills through a supervised non-chemical dependency internship. Pre-requisites: Criminal history background check, permission of the instructor, and PSYC-442. Graded P/F only.

PSYC-495 PRACTICUM IN PSYCHOLOGY 1-12 Credits
Emphasizes the development of the basic helping skills and/or psychological research skills through a supervised field experience in a substance abuse treatment setting. Learning plans and goals will be defined to target students desiring a specific field experience in various settings utilizing addictions professionals and programs. Pre-requisites: PSYC-442 and permission of the instructor. Cross-listed with ADS-495.

PSYC-499 RESEARCH PROJECT AND SEMINAR IN PSYCHOLOGY 3 Credits
Provides a capstone experience that includes the conduct of psychological research designed by each student. A quantitative or qualitative research paper or project is required. Pre-requisites: PSYC-300, PSYC-385, and PSYC-387.